



Allithwaite-8 (a multi-terrain race, over approx. 8 miles)

Complete race results ... Saturday, 4th of November 2023

Place	Bib no.	Name	Age group	Time	Club
1	28	Kim Collison	MV40	52:56.9	La Sportiva
2	124	James Wynne	M	53:05.4	Horsforth Fellandale
3	49	James Harris	M	55:06.5	Ambleside Athletic Club
4	29	Darren Coward	M	55:27.6	Glaxo Hoad Hill Harriers
5	4	Matthew Allen	M	55:52.4	Black Combe Runners
6	3	Evan Allan	M	57:16.3	
7	90	James Parsons	MV40	59:46.0	Helm Hill
8	48	Matthew Harris	M	1:01:43.4	Helm Hill
9	36	Michael Doherty	MV50	1:02:38.1	
10	50	Jo Hickman Dunne	F	1:02:58.1	Helm Hill
11	7	James Baron	MV55	1:03:30.3	Helm Hill
12	101	Alistair Shawcross	MV45	1:03:48.2	Dallam RC
13	89	Mike Page	MV40	1:04:12.7	
14	62	Richard Jones	MV45	1:04:33.8	Garstang RC
15	85	Gary O'Neill	MV45	1:04:45.2	Furness Fell Runners
16	76	Nuala McDonough	F	1:04:59.9	
17	58	Colin Jennings	MV50	1:05:16.2	Garstang RC
18	125	Scott Young	MV45	1:05:34.6	
19	64	Ken Lamb	MV60	1:05:51.3	Glaxo Hoad Hill Harriers
20	27	Graham Carrick	MV45	1:06:08.9	
21	52	Tom Holman	MV45	1:06:17.1	
22	72	Paul Managh	MV45	1:06:41.1	Walney Wind Cheetahs
23	74	Ellie Mather	FV35	1:06:58.9	Lonsdale Fell Runners
24	103	Gary Shorrocks	MV55	1:07:09.6	
25	37	Gary Dover	MV55	1:07:18.1	Glaxo Hoad Hill Harriers
26	123	Joshua Wilson	M	1:07:38.4	
27	73	Richard Marlton	MV55	1:07:49.1	Glaxo Hoad Hill Harriers
28	44	Peter German	MV40	1:08:18.1	Helm Hill
29	54	Ben Houghton	MV45	1:08:26.9	
30	16	Lauren Booth	F	1:08:35.9	Glaxo Hoad Hill Harriers
31	75	Harry McCullough	M	1:08:47.2	Glaxo Hoad Hill Harriers

32	107	Andy Stokes	MV70	1:09:17.5	Dallam RC
33	93	Martin Pyrah	MV50	1:09:30.6	Vegan Runners
34	17	Glenn Boulter	MV40	1:11:12.7	Glaxo Hoad Hill Harriers
35	40	Paul Ellison	MV40	1:11:48.6	
36	71	Alastair Macdonald	MV40	1:11:57.1	Glaxo Hoad Hill Harriers
37	109	Allan Sumner	MV50	1:12:03.5	Lancaster and Morecambe AC
38	26	Robert Campbell-Roscoe	MV55	1:12:25.6	Helm Hill
39	70	Jenny Lyon	FV40	1:12:58.6	Dallam RC
40	119	Ali Welsh	MV60	1:13:02.4	Bowland FR
41	65	Esther Lambert	F	1:13:32.8	Helm Hill
42	97	Dylan Schofield	MV40	1:13:51.7	
43	33	Pete Davison	MV55	1:13:56.2	Glaxo Hoad Hill Harriers
44	1	Russell Adams	MV45	1:13:57.8	
45	99	Nick Sebley	MV60	1:13:58.8	Black Combe Runners
46	96	Chris Rowland	MV40	1:14:27.8	
47	51	Caroline Holden	FV55	1:14:28.4	Helm Hill
48	69	Ally Love	FV40	1:14:29.0	Northern Fells
49	60	Steve Jolly	MV65	1:14:29.5	Allithwaite Running Club
50	20	Renell Brennan	FV50	1:14:31.1	Black Combe Runners
51	11	Rebekah Beadle	FV60	1:14:59.7	Ambleside Athletic Club
52	42	Dickie Felton	MV50	1:15:01.0	Glaxo Hoad Hill Harriers
53	79	Rory Mitchell	MV45	1:16:16.4	
54	63	Damian Jones	MV60	1:16:17.0	Glaxo Hoad Hill Harriers
55	19	Kevin Bray	MV65	1:16:24.9	Morpeth Harriers
56	2	Neil Ainsworth	MV55	1:16:55.6	
57	57	Richard Jarvis	MV55	1:18:09.3	Dallam RC
58	66	Grace Leedham	FV55	1:18:46.0	Dallam RC
59	88	Ray Padgett	MV70	1:19:11.4	
60	91	Mumtaz Patel	FV50	1:19:24.4	Time2Run
61	9	Joanna Bathgate	F	1:19:25.0	
62	67	Matt Lees	MV50	1:19:36.4	Bollington Harriers
63	46	Michael Graham	M	1:19:45.6	
64	77	Carolyn Meneaud	FV40	1:19:59.5	Ambleside Athletic Club
65	10	Rachael Baxter	F	1:20:48.4	
66	53	Georgia Houghton	FV40	1:20:50.9	
67	104	Martin Slater	MV45	1:21:03.3	

68	80	Terry Moss	MV50	1:21:03.9	
69	21	Alanna Buckle	F	1:22:08.1	Allithwaite Running Club
70	116	Pauline Tyson	FV55	1:22:08.8	Allithwaite Running Club
71	81	Anton Moss	M	1:22:09.3	
72	41	Cliff Etherden	MV70	1:22:33.5	Lakeland Orienteering Club
73	115	Ged Turner	MV60	1:22:59.0	Burnden Road Runners
74	108	Frans Strydom	MV40	1:23:27.2	Furness Fell Runners
75	38	Abi Duckworth	F	1:23:53.3	
76	92	John Pollard	MV70	1:24:17.3	Glossopdale Harriers
77	8	Sally Barton	FV60	1:24:29.3	Glaxo Hoad Hill Harriers
78	23	Michael Burkitt	MV55	1:24:39.5	
79	55	Adrian Ibison	MV55	1:25:41.9	Garstang RC
80	35	Mark Dobson	MV55	1:25:55.5	Garstang RC
81	25	Andrew Burrell	MV50	1:26:12.0	Garstang RC
82	61	Alan Jones	MV65	1:28:02.2	Garstang RC
83	114	Kellyjo Tinkler	FV35	1:28:19.9	
84	110	Emma Teggart	FV40	1:28:50.6	Lonely goat
85	121	Mary White	FV70	1:28:55.8	Horwich RMI Harriers
86	111	Andrew Thistlethwaite	MV55	1:29:31.3	
87	15	Katharine Bibby	FV40	1:31:48.5	
87	95	Joanne Rogers	FV55	1:31:48.5	Allithwaite Running Club
89	82	Cormac Murray	M	1:32:12.3	Glaxo Hoad Hill Harriers
90	112	Clare Thomas	FV40	1:32:52.1	
90	117	Abby Wade	F	1:32:52.1	
92	6	Penny Attwood	FV55	1:33:33.3	Dallam RC
93	59	Rob Johnstone	MV50	1:35:04.7	
94	86	Jackie Oakes	FV50	1:36:08.8	Time2Run
95	13	Emma Benson	FV40	1:36:18.2	
95	118	Claire Welburn	FV45	1:36:18.2	Glaxo Hoad Hill Harriers
97	12	Helen Bennett	FV45	1:36:24.2	
98	105	Tracy Slater	FV40	1:37:09.1	
99	22	Lucy Bullen	FV45	1:38:59.6	
100	122	Ian Wilding	MV60	1:40:55.8	
101	78	Frank Miller	MV70	1:41:40.4	Garstang RC
102	45	Julie Graham	FV60	1:42:21.1	Garstang RC
103	34	Adrian Dobson	MV60	1:42:26.6	

104	14	Anne Berry	FV60	1:43:11.8	Wesham Road Runners
105	106	Ruth Smith	FV60	1:44:23.1	
106	102	Roger Shearer	MV60	1:48:56.5	Helm Hill
107	68	Kate Lenton	FV40	1:53:22.6	Dallam RC
108	83	Di Newton	FV70	1:55:10.0	
109	113	Jane Thwaites	FV70	2:07:37.9	