

Place	Number	Name	Club Name	Finish Time
1	370	JOSH HARTLEY	BLACK COMBE	00:52:36
2	367	HARVEY LORD	BLACK COMBE	00:53:39
3	381	LIZZIE BROWNE	BLACK COMBE	00:54:41
4	350	WILL SISSON	KENDAL A.C.	00:56:04
5	342	STEVEN BRENNAN	UNATTACHED	00:56:04
6	395	JAMIE BARON	BLACK COMBE	00:57:06
7	333	BEN HODGSON	UNATTACHED	00:57:50
8	88	DARREN LITTLE	UNATTACHED	00:58:36
9	355	DAVID WILSON	BOWLAND FELLRUNNERS	00:59:59
10	362	JAMES HARRIS	BLACK COMBE	01:00:00
11	376	ROBERT HARRISON	THORNTON CLEVELEYS RUNNING CLUB	01:00:01
12	398	RICHARD WELLS	HOWGILL HARRIERS	01:00:22
13	384	ADAM TAYLOR	UNATTACHED	01:01:22
14	380	JAMES BARON	HELM HILL RUNNERS	01:02:36
15	363	MIKE ALLISON	EDEN ROAD RUNNERS	01:02:41
16	397	BYRAN LOWRIE	UNATTACHED	01:03:19
17	392	JOHN JONES	KENDAL A.C.	01:03:27
18	383	MATTHEW ALLEN	BLACK COMBE	01:03:32
19	399	STEVEN MIDDLETON	HOWGILL HARRIERS	01:03:49
20	382	ROBERT BROWNE	BLACK COMBE	01:04:29
21	377	CIAN NUTT	GLAXO HOAD HILL HARRIERS	01:04:51
22	328	EMILY SIMPSON	UNATTACHED	01:04:55
23	371	RICHARD SMITH	HELM HILL RUNNERS	01:05:03
24	387	STUART ALLAN	HELM HILL RUNNERS	01:05:10
25	359	SIMON AUSTIN	BLACK COMBE	01:05:50
26	379	MICHAEL DICKINSON	UNATTACHED	01:06:27
27	378	CHRIS CURTISS	NORTHERN FELLS RUNNING CLUB	01:07:35
28	393	STEPHEN ROBERTS	KENDAL A.C.	01:07:52
29	366	TOM HOLMAN	UNATTACHED	01:08:20
30	373	ROB HOUSTON	UNATTACHED	01:08:42
31	340	DARINA DELINOVA	GLAXO HOAD HILL HARRIERS	01:09:00
32	326	GRAHAM JACKSON	ALLITHWAITE RUNNING CLUB	01:09:10
33	334	DAVID STUBLEY	SKIPTON A.C.	01:09:53
34	352	CHARLES COLBY	THORNTON CLEVELEYS RUNNING CLUB	01:10:14
35	327	CLIFF ETHERDEN	LAKELAND ORIENTEERING CLUB	01:10:34
36	322	CHRIS ROBERTS	BLACK COMBE	01:10:41
37	389	REBEKAH BEADLE	LOC	01:11:03
38	354	JONATHAN COPESTAKE	DURHAM CITY H.	01:11:48
39	361	MATT DUNN	KENDAL A.C.	01:11:59
40	347	RONNIE AMBROSE	NORTHAMPTON ROAD RUNNERS	01:12:21
41	343	RENELL BRENNAN	ULVERSTON TRI CLUB	01:12:26
42	385	DICKIE FELTON	UNATTACHED	01:12:38
43	325	MATT MCGINLEY	UNATTACHED	01:12:53
44	341	PHILIP HARRINGTON	HELM HILL RUNNERS	01:13:00
45	394	JEFF CHRISTIE	ALLITHWAITE RUNNING CLUB	01:13:36
46	400	JOHN ARMSTRONG	AMBLESIDE A.C.	01:13:39
47	339	PAUL STOCKS	DALLAM A.C.	01:14:08
48	386	TESSA HAGENDOORN	HELM HILL RUNNERS	01:14:25
49	396	STEPHEN COLE	UNATTACHED	01:14:38
50	375	STUART BELL	KENDAL A.C.	01:14:58

51	388	COLIN VALENTINE	KESWICK A.C.	01:15:34
52	369	JO TAYLOR	BOWLAND FELLRUNNERS	01:15:45
53	360	LOU LYNESS	BLACK COMBE	01:16:00
54	338	JANE DISLEY	BLACK COMBE	01:16:22
55	321	KATHLEEN HOYER	WESHAM ROAD RUNNERS	01:17:03
56	332	PAUL MOSS	GARSTANG R.C.	01:18:04
57	368	JOHN TAYLOR	BOWLAND FELLRUNNERS	01:18:14
58	365	SHONA ATHERTON	HELM HILL RUNNERS	01:18:18
59	390	HELEN GREENEP	SETTLE HARRIERS	01:18:41
60	358	SHAUN MCMULLEN	UNATTACHED	01:19:03
61	351	ANGELA COLBY	THORNTON CLEVELEYS RUNNING CLUB	01:19:16
62	372	MARL TODD	UNATTACHED	01:20:05
63	336	ALAN JONES	GARSTANG R.C.	01:20:58
64	364	KATE WILSON	HELM HILL RUNNERS	01:23:04
65	353	MAY CRAWFORD	HELM HILL RUNNERS	01:23:24
66	344	JACKIE OAKES	BURNDEN R.R.	01:23:36
67	86	MAEVE LARGEY	SMILEY PACES	01:24:20
68	345	IAIN CONNER	BURNDEN R.R.	01:24:25
69	87	PATTY DAVIES	HELM HILL RUNNERS	01:25:19
70	346	WENDY AMBROSE	NORTHAMPTON ROAD RUNNERS	01:25:30
71	391	GREG OULTON	LYTHAM ST ANNES R.C.	01:27:15
72	323	ISOBEL WILLIAMSON	UNATTACHED	01:27:37
73	374	NICOLE SPIBEY	UNATTACHED	01:28:45
74	356	ISOBEL HALL	UNATTACHED	01:29:27
75	357	FRANCESCA SCOTT	UNATTACHED	01:29:31
76	331	FRANK MILLER	GARSTANG R.C.	01:29:44
77	348	DI NEWTON	UNATTACHED	01:37:15
78	349	RICHARD BROOKES	UNATTACHED	01:50:54